



About the photo: PPI team at the International Conference on Family Planning in Pattaya, Thailand.

Image: Photo by Idindezine Studio.

NEWSLETTER

JULY - DECEMBER 2022

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ABOUT PATHWAYS POLICY INSTITUTE

Pathways Policy Institute (PPI) is a community-based policy and accountability think tank, Meaningfully Engaging Communities (MEC) on Population, Health, Environment (PHEs), and Climate Justice. Pathways aim to realize local solutions to Universal Health Coverage and the ongoing global climate change crisis through a Primary Health Care (PHC) Lens. From July to December 2022, PPI was involved in many activities, as highlighted in this Newsletter.

In Brief





















WORD FROM THE CHAIRPERSON



Faith Kaesha - Chairperson, PPI

Dear readers,

Pathways Policy Institute (PPI) is a community-based policy and accountability think tank, Meaningfully Engaging Communities (MEC) on Population, Health, Environment (PHEs), and Climate Justice. Pathways aim to realize local solutions to Universal health coverage and the ongoing crisis of global climate change through the Primary health care (PHC) Lens.

PPI has been working on advancing policies that can bring meaningful change to the lives of people in the communities, especially on policies and decisions that address critical issues in society. Our goal is to ensure that the marginalized and voiceless in society have their basic rights protected and that effective advocacy can make a real difference in their lives by linking them to the County leaders and building their capacities to influence decisions at the subnational and national level.

The second half of 2022 has been eventful for us. We participated in the International Conference on Family Planning in Thailand, led a social accountability project in Laikipia County that aims to improve the government's responsiveness to citizen feedback, we trained members of a community to be social auditors, supported Youths and CSOs to submit memoranda ahead of the development of the third generation CountyIntegrated Development Plan 2023_2027.

PPI is aligning its work with the FP2030 commitments to guarantee that women and girls around the world are capable of leading healthy lives, have the freedom to make their own informed decisions about contraception and having children, and can participate as equals in society. We are pleased to announce that in the CIDP, Kes 100 Million has been allocated to RH FP and MCH, and in the budget for 2022/2023, Kes 4 Million has been allocated to FP/RH, which is an increase from the previous years' allocation of Kes 3 Million. Our commitment to safeguarding the basic rights of every individual, empowering the marginalized, and achieving positive social change through our advocacy efforts remains steadfast.

I would like to thank all those who supported us in 2022, especially our donors, partners, and the community that we work with. Asante sana.

WORD FROM THE TEAM



Lucky Namunyak - Policy & Advocacy Associate

Pathways Policy Institute (PPI) is committed to promoting sustainable development in Kenya through evidence-based policy research, analysis, and advocacy. The year 2022 saw significant events that impacted advocacy at the subnational, national, and global levels.

PPI also participated in the ICFP in Thailand. They joined the Family Planning (FP) and Reproductive Health (RH) community to strengthen the movement toward universal access to family planning by 2030.

PPI collaborated with Laikipia County, DKT, Bayer, and The Leo Project to commemorate World Contraception Day, providing more than 300 people with FP services. PPI also organized two youth cafes that aimed at debunking myths surrounding contraceptives and provided correct information on RH to 100 youths and 40 students from Overflow beauty college.

In July, PPI supported the Nyeri County Reproductive Health Strategic Plan midterm review, focusing on priority areas such as FP, maternal and neonatal health, sexual and reproductive health (SRH) of adolescents and youths, and HIV and reproductive tract cancers and diseases. The review revealed significant progress in Youth and Adolescent SRH through a 3 million investment in Youth Friendly Centre.



Betty Wangui Muchiri - Communications Associate



Njeri Muthaura -Youth & Women Associate

My role is to support the mission and goals of our youth and women department, which includes promoting the rights and well-being of youth and women within our organization.

PPI's Mission is to create a safe space for communities to engage the public policy-making spaces at the national and sub-national levels. PPI does this using policy analysis, policy dissemination, and capacity strengthening to the community members (Women and Youth are the particular focus). PPI then organizes the community using the SMART Advocacy methodology to engage their leadership with the evidence that leads to data-driven decision-making.

Throughout the year, the department has promoted diversity, equity, and inclusion by providing training opportunities for young people and women through the budget cycle, social accountability training, Jasiri youth champion training, and participation in the BetterBoyz program for young boys in schools. This program teaches young men about menstrual hygiene and SRH, ensuring a balanced approach to the work we do in schools with girls and contributing to the creation of a balanced society as they grow.

Greetings! I'm Betty Muchiri, Communications Associate at Pathways Policy Institute. Our team has been working tirelessly in the latter half of 2022, and I'm thrilled to share our latest endeavors with you. Our core mission is to engage communities meaningfully, and we've been actively pursuing this through various avenues. We've been reaching out to elected officials, partnering with organizations that share our vision, and leveraging social media to amplify our message. Our efforts have yielded significant progress, but we still have a long way to go. We're excited to present our latest newsletter, which includes thought-provoking opinion pieces and articles I'm sure you'll find intriguing. We appreciate your ongoing support as we continue to push forward with our cause. Thank you for being a part of this journey with us.

#BetterBoyz: Breaking the Stigma and Creating an Equitable Society



PPI's #BetterBoyz program is a groundbreaking initiative to educate young men about menstrual hygiene and sexual and reproductive health. By doing so, the program aims to create a balanced approach to PPI's work with girls in schools, ultimately creating an equal society as these boys grow. The need for such programs has become increasingly important globally, especially considering rising teenage pregnancy rates.

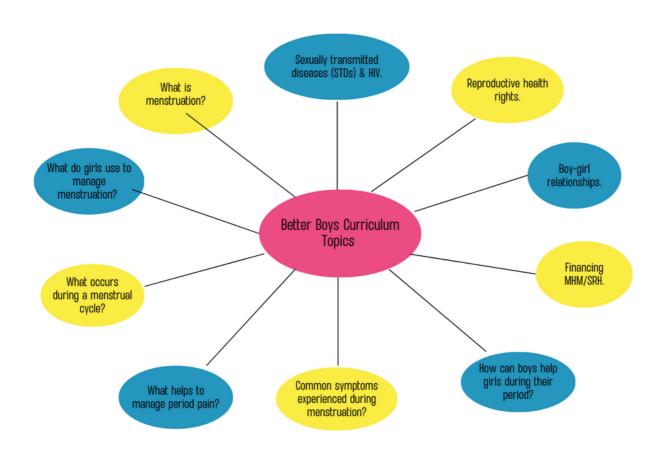
In collaboration with The Leo Project, PPI has held sessions of the #BetterBoyz program in various schools, including Mukima Primary School, Muramati Primary School, Muramati Secondary School, and Neibor Primary and Secondary School. These sessions specifically target boys in classes 6 and 7 who are just starting puberty. By engaging these boys in discussions about Sexual Reproductive Health (SRH) and Menstrual Health Management (MHM), PPI hopes to create a more inclusive environment for MHM advocacy and break the stigma surrounding menstruation.

The success of the #BetterBoyz program can be seen in its positive impact on the boys who have participated. PPI is creating a more equal and just society by empowering these young men with knowledge about MHM and SRH. Ultimately, programs like these are crucial in ensuring that future generations of men are educated and informed about menstrual hygiene and sexual and reproductive health, leading to a more balanced and equitable world.

The #BetterBoyz program mantra is to equip the boys with information about menstrual health and hygiene and their sexual and reproductive health to make them #better boys, brothers, friends, and future fathers. This curriculum has been developed by Pathways and is taught bi-monthly to the boys, containing the topics below.

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BetterBoyz Curriculum Topics







Sustainable Designs for a Sustainable Future

The Dreams Youth Expo, organized by the Drawing Dreams Initiative in partnership with Pathways Policy Institute (PPI), happened on July 1st and 2nd, 2022, in Nanyuki, Laikipia County. The expo aimed to bridge the gap between young innovators and creatives with investors, government agencies, and market players in various sectors. This year's event, the second edition of the Dreams Youth Expo, was bigger than the previous one, bringing together 76 exhibitors from different fields.

The event featured various exhibitions, including agribusiness, arts, technology, fashion, cottage industries, and social enterprises from different towns around Nanyuki. The primary goal was to inspire, empower, and effect social change. The expo created an opportunity for young people to showcase their products and services and connect with stakeholders from different sectors and established institutions.

Notably, the event provided a platform for people with disabilities to showcase their businesses and grow their networks. In addition to the exhibitions, Pathways Policy Institute, in collaboration with Laikipia Health Services (LHS), set up a beyond-zero truck to provide free family planning services, cervical breast cancer, and HIV/AIDS screening. This initiative created a safe space for young people to discuss their sexual and reproductive health.

The expo concluded with youth showcasing their talents through modeling and skating. The Pathways Policy Institute Condom-blowing competition aimed to destigmatize condom use among young people and encourage communities to embrace all forms of contraception. The event was a great networking platform, with the youth confirming that they made sales and connections over the two days while obtaining information and other services.

To learn more about the Expo, Click below.

https://pathways.co.ke/wp-content/uploads/2022/07/TheDreamsYouthExpo.pdf



Advancing Access to Adolescent, Youth Sexual and Reproductive Health and Rights in a Pandemic





Advancing Access to Adolescent, Youth Sexual and Reproductive Health and Rights in a Pandemic.

Sun, Sand, and Advocacy!

White sand beaches, palm trees, gentle ocean waves, and the coastal region conjure images of warm, muggy air, a leisurely pace, and delectable coastal foods that reflect a carefree lifestyle. The 5th Annual Scientific conference on adolescent and youth sexual and reproductive health and rights, however, did not reflect this. The four-day conference brought together people from various backgrounds and experiences.

This enabled SRHR stakeholders, actors, champions, and young people a forum to interact and exchange experiences while also learning new details on sexual and reproductive health and rights from professionals.

The timing of this year's theme was perfect as the nation was recovering from the Covid-19 outbreak while fighting the triple threat of HIV, teenage pregnancy, and ending gender-based violence against women.

The conference aimed at giving SRHR advocates and all those interested in discussing anything affecting the sexual and reproductive rights of all Kenyan minority groups. RNHK organized the conference, and the co-convener of the scientific hybrid conference was The International Planned Parenthood Federation. Throughout the conference, it was made clear that the future of SRHR for the youth should be considered, especially as we work towards addressing the problem of teen pregnancies. The conference was fantastic for showcasing significant work and networking while developing long-lasting and useful SRHR solutions.

Pathways policy institute had an opportunity to present three abstracts at the conference as the Team lead also moderated sessions during the conference; Role of CSOs in advocating against environments enabling retrogressive cultural Laikipia County, Reduction of the information gap on matters of budgets through budget advocacy training for the youth, and Youth-led budget implementation and follow-up. 9

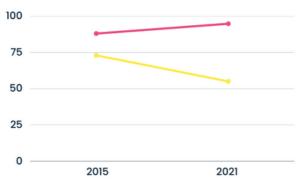
Launch of The Nyeri Reproductive Health and Family **Planning Strategy 2021-2025 Mid-Term Review**

On the 28th of July, 2022, Pathways Policy Institute, supported by Population Action International (PAI) and Nyeri County Department of Health, successfully launched the Nyeri Reproductive Health and Family Planning Strategy 2015-2025 midterm review report. A document/approach that is focused on finding out if a rights-based approach has been ensured in the inclusion of all the residents of the County, including populations with special needs such as adolescents, the elderly, people living with disability, and the key populations on reproductive health services provision among other things.

This launch saw attendance from Key decision-makers from Nyeri County, including Hon. Robert Thuo, The Chief Executive Committee Member - Health services, Hon. Ibrahim Adan, the Chief officer- Of health services, and Dr. Nelson Muriu, the Director - Health Services and other County Management team members and implementing partners.

NYERI MID-TERM REVIEW: REPRODUCTIVE HEALTH AND FAMILY PLANNING STRATEGY 2015-2025.

On the 28th of July, 2022, Population Action International (PAI), through PPI in partnership with the Nyeri County Department of Health, launched the Nyeri Reproductive Health and Family Planning Strategy 2015-2025 midterm review report. Below are some facts from the report





The percentage of women of reproductive age receiving family planning services/commodities in Nyeri County decreased by 18% between 2015 and 2021. (From 24.029 in 2015 to 19.067)



The percentage of deliveries in the county conducted by skilled attendance increased from 88% in 2015 to 94.8 in 2021.



















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Report: Uptake of family planning drops significantly in Nyeri County

KIAMA WAMUTITU (KNA)

The percentage of women of reproductive age using family planning methods in Ny eri County reduced by 18 per cent from 2015 to 2021, the Nyeri mid-term Reproductive Health and Family Planning Strategy 2015-2025 has revealed.

According to the review which aims at taking stock of the achievements and making recommendations on the actions that the county Health depart



and stigma have affected health seeking behaviour. The review recommends the strengthening of community health structures for reproductive health services including peer support groups and improved male involvement," said Thuo

On the other hand, the review revealed an improvement in the overall maternal health services childbearing among childbearing women in the county. The review shows that the percentage of pregnant women attending at least four antenatal clinics has increased 1.3 per cent to 62.3 in 2021. Similarly, the percentage of deliveries conducted by skilled attendants in the county had also increased from 88 per cent in 2015 to

maternal services as well as the capacity for maternal referral services has improved," said Thuo.

The mid-term report which was compiled by Pathways Policy Institute, Population Action International, Japanese Organisation for International Cooperation and the KHIS also shows that the number of health care providers with disability friendly skills had increased.

While in 2015 there were only two health care providers who could cater for people with special needs, the report shows that the county had 40 healthcare providers with disability friendly skills.

At the same time. number of facilities or. ing quality integrated se-





Nyeri is among the four counties in Kenya that piloted Universal Health Coverage and has mixed results on the RMNCAH indicators across the County. Nyeri County's Reproductive Health and Family Planning strategy has outlined the County's direction in delivering reproductive health services for 2015-2025 as part of its commitment to Primary Health Care (PHC).

A multidisciplinary team of stakeholders evaluated the performance in the strategy's 6th year of implementation principally to take stock of achievements attained in the period, pick learning points and inform any necessary change in approach in key areas faced with challenges. This will guide in identifying priorities requiring more investments for sustained and enhanced performance to the remaining life of the strategic plan.

The mid-term review process evaluated actual performance on set indicators, outlined areas of achievement, and explored challenges in implementing the strategy. Priorities for the remaining phase of the document have also been highlighted. The evaluation has addressed the priority result areas in the plan, namely, family planning and contraceptive services, improving maternal and neonatal health, and addressing sexual and reproductive health of adolescents and youths, HIV, and reproductive tract cancers and diseases.



International Day of The Girl 2022: Our Time Is Now - Our Rights, Our Future

"An educated and skilled girl-turned-woman is far more effective in preventing infant mortality, is proven to take care of the house more sophisticatedly, and contributes more to society than an uneducated, unskilled, socially abused woman."





"One out of four girls is unemployed, uneducated, or untrained compared to one in every ten boys, which are worldwide statistical records. Although we have reached a point where we recognize this day as International Girls' Day, much still needs to be done to improve girls' lives."

The International Day of the Girl Child is celebrated on October 11th every year to recognize adolescent girls' importance, power, and potential while addressing gender-based challenges young girls face globally. To reduce discrimination against girls, Pathways Policy Institute joined other partner organizations, including the **Drawing** initiative Network **Empowering Samburu** and Transformation (NEST), on a road trip for a cause to Maralal Samburu to eliminate such discrimination. 110 youth from different career paths engaged with approximately 600 people, including adolescent girls and boys, women, and men, at Naiborkeju primary school in Maralal for six hours.

This year's theme was "our time is now- our rights, our future," providing a platform for the global community to understand girls' worldwide disadvantages. Candid conversations on menstrual health management, reproductive health, mental wellness, and 21st-century life skills were held. The target audience was men in the community who were family decision-makers. The road trip began with a hike on October 8th, 2022, to Thompsons' Falls, where the youth broke the ice and prepared for the planned engagement.

On October 9th, 2022, Naiborkeju primary school and Kisima mixed secondary school students and 50 young mothers who were out of school entertained in song and dance in their cultural regalia. Their presentations touched on gender-based oppression and discrimination pervasive in almost every home in that locality due to harmful mindsets passed down from generation to generation.

The community of Naiborkeju was elated by the initiative, and various representatives made numerous speeches. PPI addressed class 8 students on ensuring a successful transition from primary to secondary and making ideal career choices alongside prepubescent and adolescents on menstrual health management. The sessions ended with PPI donating sanitary towels to the school. The young boys and girls enjoyed their lunch with newfound confidence to talk about issues once considered taboo.

1st LACCSOF Capacity Strengthening Sessions on Social Accountability for the Network Members

The Laikipia County Civil Society Organisation Forum (LACCSOF) is a network of 12 CSOs working in Laikipia on issues of Health budget advocacy, accountability, and good governance, chaired by Pathways Policy Institute. It held its first capacity-building session for the LACCSOF members to ensure that it is a strong movement working with one goal from all the different organisations.

A needs assessment survey was conducted and members identified Social Accountability and Fundraising Resource Mobilization as areas they needed to be capacity built on. The training had 16 participants from the different member organizations dealing with matters of Youth empowerment, persons with disabilities, good governance and Policy issues within Laikipia County. The training focused on what social accountability is, its importance, its benefits, the connections between social accountability and good governance and the importance and role of CSOs and Citizens.

This session was critical and provided the youthful participants with knowledge and platforms to strategize and identify ways in which they can capacity build other citizens as an effort to end corruption, and increase trust in public servants and the government; is critical in accelerating efforts to achieve the Sustainable Development Goals (SDGs), and increasing the power and influence of LACCSOF members to improve government service delivery through accountability and transparency.

During the meeting, the director of public participation appreciated the support by LACCSOF and pledged to constitute a team to review the Laikipia Public Participation and Civic Education Act through the help of the LACCSOF network to ensure community learning sessions and participation is guaranteed and funded.

The department requested civic education to the public from the LACCSOF network, to ensure community learning sessions and participation is guaranteed and funded.

The Director of Public Participation acknowledges efforts made by the LACCSOF members in offering civic education to Ngobit community members i.e. budget advocacy training, that led to the development and submission of two memoranda requesting a budget allocation to build a new maternity block and equip LHS Ngobit and the purchase 400 4-inch pipes for the Kiandege water project.



Timiza Ugatuzi: Setting Up and Training of WhatsApp Groups and Twitter Spaces



As one of its many endeavours, PPI held a training on social media use, including zoom and Twitter spaces, for 30 participants who were selected among the project's social auditors, budget Champions, and opinion shapers This was a follow-up to the virtual session held in June where participants raised the challenges of limited capacity in online engagements. During the June session, some participants had challenges with logging in, passwords, lack of zoom and Twitter apps etc.

The meeting's objective was to re-introduce Social Auditors and the budget champions to different social media platforms such as zoom, and Twitter spaces for information sharing on the ongoing project activities in Ngobit ward. The digital training majored in how to utilize social media appropriately and provided a platform for the collection of feedback on obstacles the community encountered during the prior virtual meeting. The participants were excited to finally be online and tweeted under the hashtag #TimizaNgobit. They committed to following all the Twitter handles shared with them and with assistance carry out a Twitter space engagement with a duty bearer from the Department of Health.

Twitter Spaces 4 Change.

After a successful training on social media use Pathways conducted a virtual engagement on Twitter space between the Department of Water, the Department of public participation, 20 Ngobit community members and 25 members of the public. The session allowed the community to engage Laikipia County leadership on budget implementation/service delivery in water and public participation. The director of public participation urged the participants to participate in the ongoing public participation taking place in 200 villages across Laikipia County towards the development of the 2023-2027 CIDP. He mentioned that the CIDP will contain a consensus of diverse stakeholders' views on programs and projects that the County Government of Laikipia will invest in realizing the aspiration of the people of Laikipia for the next five years.

This CIDP will provide the integrated development planning structure which enhances the linkage of policy, planning, budgeting, financing and programme implementation in the county governance processes. Through this, the community will have committees consisting of 10 community members to represent every sector within their community for ownership. These sectors were; Education, Agriculture, Water, Roads, Business community, religious groups, PWDs, Professional groups and Youth. He also highlighted that Ngobit and Laikipia will be provided with civic education on the basics of devolution to increase citizens' engagement in public participation processes. The public was glad to have easy reach of these departments.

The International Conference for Family Planning 2022 In Pattaya, Thailand

The International Conference on Family Planning (ICFP) is a global platform that brings advocates, researchers, community leaders, and young people together to discuss family planning services and products. The 2022 ICFP conference aimed to strengthen the movement towards achieving universal access to family planning by 2030, focusing on the theme, "Family Planning 8 Universal Health Coverage: Innovate. Collaborate. Accelerate." The conference began with a youth pre-conference hosted by the Bill and Melinda Gates Institute for Population and Reproductive Health and International Youth Alliance for Family Planning, which aimed to provide a space for young people to lead and engage meaningfully. The conference covered topics like education, climate change, gender equity, access to care, and freedom of choice. The pre-conference featured four fully youth-led breakout sessions, and 3,500 advocates in Pattaya attended the leading conference.

During the conference, PPI presented three abstracts, including studies on Out-of-Pocket Expenditure by Women for Family Planning. The conference featured fascinating and awe-inspiring engagements, with various advocates worldwide sharing feedback and asking questions. The youth pre-conference sessions helped young advocates learn to be strategic during the ICFP conference and aligned themselves with their mentors and people working in their field. The conference emphasized that family planning is critical for achieving full human potential and that everyone can make informed choices, claim their right to bodily autonomy, and forge their future.

Pathways team visited Condoms and restaurant in Thailand, owned by Mechai Viravaidya, who founded the Population and Community Development Association (PDA) and is known as "Mr. Condom." His advocacy efforts have helped remove the stigma around conversations about contraception and commodities in Thailand, making them more accessible and without judgment. Mechai's work has also led to implementation of community-based family planning services, poverty reduction programs, rural education initiatives, and environmental programs in Southeast Asia. The PPI team was thrilled to witness the impact of Mechai's advocacy, which mirrors PPI's Condom blowing initiative in Kenya, which destigmatizes the use of condoms among the Kenyan youth.









PPI Commemorates World Contraception Day 2022 in Rumuruti and Githurai



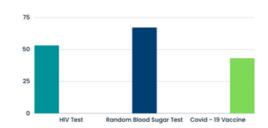


Pathways policy institute, in conjunction with Laikipia Health Service, Bayer, CHAT, Drawing Dreams initiative, and The LEO project, climaxed the WCD commemoration through a service and information provision event in Rumuruti, Laikipia West, and Githurai, Nairobi.

In Rumuruti, Laikipia West, the organizations set up a tent. They used the Laikipia County Beyond Zero truck to provide family planning services, HIV testing, breast and cervical screening, child immunization, and Covid-19 vaccines. The team of healthcare professionals included 16 people from Laikipia Health Service, seven members of the Sub-Counties Health Teams, and three members of the County Health Management Team.

RUMURUTI WCD MEDICAL SERVICES

PPI, Laikipia Health Service, BAYER, CHAT, the Drawing Dreams Initiative, and The LEO Project collaborated to provide vital health services and information to people in Rumuruti, Laikipia West



On September 26th, Pathways collaborated with The Link Empowerment Initiative in Nairobi for the WCD commemoration at Githurai. They provided cervical cancer screening, youth-friendly SRHR services, GBV sensitization, sanitary towel distribution, and Covid-19 vaccination. After the event, 102 people received services, including new clients between 15 and 19 and new FP users.

Overall, the WCD commemoration events successfully provided essential health services and information to people in Kenya, particularly in areas with limited access to such services. The collaboration of multiple organizations highlights the importance of partnerships in achieving global health goals.

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World Contraception Day (WCD) Commemoration 2022



Youth Café - Kikao - Breaking myths; faCts Kwa fingertips

Pathways Policy Institute, in collaboration with Laikipia Health Services, Bayer, and The Leo Project, organized two youth cafes as part of a 10-day campaign to debunk myths about contraceptives. The campaign, themed "Breaking myths; faCts Kwa fingertips," aimed to provide accurate information to young people about their reproductive health and to demystify the myths surrounding contraception.

The youth cafes were held at the LEO local youth center. Over 100 young people attended the sessions, including 60 from different areas of Nanyuki and 40 students from Overflow, a technical college for hair and beauty.

Kenyan salons and beauty parlors are popular information-sharing places, but misinformation can also be spread. It was observed that most youths in Laikipia County obtain contraceptives from private pharmacies due to the lack of youth-friendly centers and fear of judgment from public healthcare providers. The youth cafes allowed young people to ask questions, express their opinions freely, and receive accurate information about contraception. The sessions were recorded and shared on social media, making the information accessible to a broader audience.

Click below to watch the videos below to learn more.

https://www.youtube.com/watch?v=J70IEGkXyKE https://www.youtube.com/watch?v=3HF2Myyarlc https://www.youtube.com/watch?v=I8tSu1BLRVw https://www.youtube.com/watch?v=fsiOt7sihII Breaking Myths; faCts Kwa Fingertips - Social Media
Posts

A 10 Day Campaign to Debunk Myths on Contraceptives

3. FaCt or Myth:

Ukifanyiwa Vasectomy Haistand





A 10 Day Campaign to Debunk Myths on Contraceptives 4. FaCt or Myth:

Female Condoms make noise. We can use Male & Female Condom Pamoja.



A 10 Day Campaign to Debunk Myths on Contraceptives

Lets Talk Sex

Sasa nipange line kwa hosi na wagojwa juu ya Family Planning (FP)



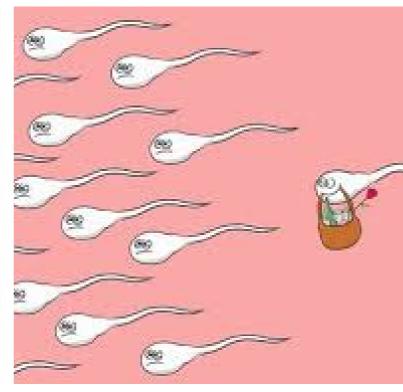
Contraceptives Need sio Ugojwa

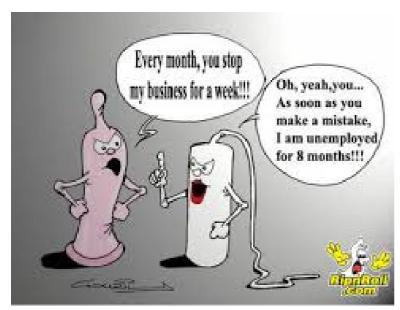
Condom Jokes & Facts!











Rip it, Grip it, Roll it and Dip it...

FP2030 Commitments

Pathways Policy Institute as a policy think tank joined the global community of leaders, experts, advocates, and implementers who are working together to address the most challenging barriers to expanding access to modern contraceptives by making a commitment to FP2030. These commitments are also made in support of the Every Woman Every Child (EWEC) Global Strategy for Women's, Children's, and Adolescent Health

http://globalstrategy.everywomaneverychild.org/

PPI, while working to make the commitments, worked with advocates and communities to meaningfully identify areas that can influence Primary health, sexual reproductive health, and environmental policies through research, training, and capacity strengthening. In line with the FP2030 Plan to ensure women and girls everywhere have the freedom and ability to participate as equals in society, Pathways Policy Institute PPI, through community consultations and meaningful engagements, has come up with the following commitment:

- From a study carried out by PPI, it was found that the county governments charges for consultation and cards for women accessing Hospitals (Level 3 and above), thus making women spend 3-5 dollars per month on medical costs for contraceptives. By 2026, in line with the Kenya FP2030 commitments and the UHC policy, with partners, we expect to advocate for the enactment of the Facility Improvement Fund Act and ensure facilities use the funds generated to cover costs of essential services, including Family planning.
- PPI commits to advocating for Youth Friendly Service provision points that provide SRH services to
 adolescents and youths and advocate for increased male involvement in reproductive space
 through increased outreach and out-of-school programs in its 6 counties of operation Laikipia,
 Nyeri, Nakuru, Kajiado, Narok, Isiolo, Samburu, and Marsabit counties. This will eliminate social
 and cultural barriers to utilizing FP services, as well as eradicate other regressive cultural practices
 such as FGM, early marriages, and death during childbirth, among others.
- Modern technology has paved the way for multi-functional devices, and young people all over the
 world have embraced it and are using devices to acquire information. Pathways commit to bridging
 the misinformation gap by utilizing digital platforms to reach adolescents and youths with accurate
 contraceptive information.
- A good advocacy communication strategy assists in efficiently planning and managing work that
 targets the people who have the power to effect the changes desired and engage those affected. PPI
 commits to continuously transforming social and gender norms to improve male engagement in
 family planning and eliminate social-cultural barriers to FP service utilization through effective
 communication in the advocacy of these matters and the involvement of men in FP through
 integrated campaigns that include print, multimedia, and interactive content shared through
 consumer-friendly channels.



Website

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